

## **This Meeting Is a Member of SCA Online Intergroup**

### **Topic Discussion Meeting**

Thank you for visiting our semi-monthly online meeting. Please feel free to share your experience, strength and hope by posting below.

You can also review previous shares in our continuing **Topic Meeting Archive**.

**This is the online meeting, for sharing experience, strength and hope as it relates to sexual compulsion, with a specific topic as its main focus. If you wish to socialize, please do so in the Recovery Lounge.**

**If you want a meeting with a different format, please visit the Feedback Meeting or Acting In Meeting.**

***The topic for each period is listed on the post heading, with the latest and current topic at the top.***

If there is anyone celebrating a sobriety birthday, please let us know, and we will award you a chip or medallion. We have chips for 1, 7, 30, 60, and 90 days, for 6 and 9 months, and medallions for one year and multiple years. Please visit the separate **Chips & Medallions** meeting area for this purpose.

### **Here is our Statement of Purpose:**

*Sexual Compulsives Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from sexual compulsion. The only requirement for membership is a desire to stop having compulsive sex. There are no dues or fees for SCA membership; we are self-supporting through our own contributions. SCA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.*

*Our primary purpose is to stay sexually sober and to help others to achieve sexual sobriety. Members are encouraged to develop their own sexual recovery plan, and to define sexual sobriety for themselves. We are not here to repress our God-given sexuality, but to learn how to express it in ways that will not make unreasonable demands on our time and energy, place us in legal jeopardy – or endanger our mental, physical or spiritual health.*

This message board meeting's format is open sharing with a suggested topic for discussion for half a month, after which the topic will change. Posts are archived and retained indefinitely in the Topic Meeting Archive. Members are encouraged to share their experience, strength and hope here as it relates to the topic. Through these discussions, we deepen our understanding of the topic so it can be more

effective in our recovery. Responding directly to another's post is discouraged. Please read the Group Conscience and you may choose to use the topic as a guide if you wish.

Take a moment of silence to reflect on why you are here and to consider the addict who is still suffering.

And now, the floor is open.

Read the [Topic Meeting Group Conscience](#).